



Virginia Run for the Fallen

Route Directions – April 28 - May 1, 2016

Day 1 – 67 miles

Virginia Beach

7:00am, Ft Story out the gate to Atlantic Ave, right turn on Shore Drive follow until it turns left into Ocean View ave. **Norfolk, HM20, 10:20am**. Load runners and drive over Hampton Bridge Tunnel.

Hampton – 10:35am, unload runners on Mallory St/Lancer St toward HM21. continue on Mallory St, left on E Mercury Blvd. follow to right turn on N Armistead St, **11:15pm** left on commander Shepard Blvd, **11:45pm** right on ramp to Magruder blvd/George Washington Hwy/Rt17, **12:45pm. End HM40, 2:28pm** before bridge. **Newport News, York County**

Yorktown – 2:48pm load up runners and drive across Coleman Bridge pay toll. **2:38pm** Unload runners at base of bridge and continue toward **HM41**. Need to consider and navigate tolls with caravan.

Gloucester – Continue George Washington Hwy/Rt17 to end day 1, near West Point area. **End HM67, 7:15pm.**

Day 2 – 75 miles

Gloucester – Begin at HM67, 6:30am continue George Washington Hwy/Rt17 to Port Royal/AP Hill. Right on Rt 301 to Dahlgren, **End HM142, 7:15pm. Caroline, Essex, Middlesex, King George, Dahlgren.**

Day 3 – 69 miles

Dahlgren – Begin at 142, 6:30am. Start at corner of Rt 301 (Valero) and Dahlgren Rd headed south. Right on Rt 3/Kings Hwy, **7:40am. King George, Falmouth, Fredericksburg, Stafford.**

Rt on Jefferson Davis Hwy./Rt 1, **HM168 10:50am.** After **HM184, 1:30pm.** Partial team veers into Quantico Marine Base toward **HM185, 1:40pm.** Turn left on Russell Rd into Quantico Marine Base. Continue on Russell/Fuller around loop through base, turn right Rt 1. **HM192, 2:50pm.** Left on Rt 234/Dumfries Rd, **3:10pm,** stay on Dumfries Rd past Prince William Pkwy and stay right keeping on Dumfries Rd **5:30pm.** Dumfries turns into Grant St. Then Left on Prince William St to American Legion Post #114. **End HM211, 6:23pm. Prince William County, Manassas**

Day 4 – 34 miles

Manassas – Begin toward HM212, 7:30am. Starting at Buckhall FD, (Yates Ford Rd) heading west on Yates Ford Rd Right on Prince William County Parkway, Right on Liberia, Right on Route 28 (Centerville Road), Right on New Braddock Road, **9:00am,** Cont. straight on Braddock Road Left on Ravensworth Road, **11:10am.** Continue then right on John Mar Dr, follow to right on Columbia Pike **11:40am,** to Ft Myer, left on S Courthouse Rd. Rt on 2nd St. **End HM244, 1pm.** proceed into Ft Myer to HM245. Old Ft Myer chapel, honor unknowns at HM245, then through gate into Arlington National Cemetery and to Sec 60, Final ceremony **1:15pm. Fairfax County, Burke, Annandale, Baileys Crossroads, Arlington**